

The College of New Jersey
The Department of Kinesiology & Health Sciences

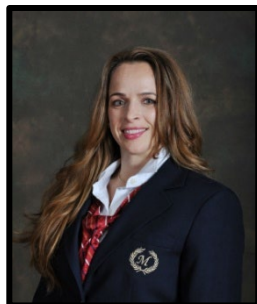
Maximizing Athletic Performance

Wednesday April 22nd 2026, 12:30-3:30

Education 115



Tim Suchomel, PhD, CSCS, CPSS
Associate Professor
University of Pittsburgh
Developing athletic performance using weightlifting derivatives: A youth to adult progression



Angie Brambley-Moyer, MEd
Head Coach, Performance
Princeton University
Sustainable Performance: What Successful Athletes Do to Last

TCNJ student \$25 (Late fee after April 15th \$30)

0.5 KHS conference credits

