

KINESIOLOGY & HEALTH SCIENCES DEPARTMENT/ KHS 3-YEAR SEQUENCE

Year 1											
Fall			Winter			Spring (semester 2)			Summer		
Units	Course	Goal	Units	Course	Goal	Units	Course	Goal	Units	Course	Goal
1	FYS 161-164	CC				1	STA 115	CC			
1	KHS 103/203	KC				1	KHS 105/205	KC			
1	KHS 160	KC/BCS				1	Elective/Minor	EL			
1	KHS 172	KC				1	Literary, Visual, or Performing Arts (w Social Justice)	CC/LV P			
1	BIO 171	CC/NS				1	Historical Perspectives (w Social Justice)	CC			
0	<u>First Year College Requirements – Non Unit Based</u> FYCEL - First Year – Community Engaged Learning Information Literacy Proficiency (IDS 102)										CC
5						5(10)					
Year 2											
Fall (semester 3)			Winter			Spring (semester 4)			Summer		
Units	Course	Goal	Units	Course	Goal	Units	Course	Goal	Units	Course	Goal
1	KHS 210	KC				1	KHS 220/320	KC			
1	KHS 211*	KC				1	KHS 300	KC			
1	KHS 302	KC				1	KHS 301	KC			
1	KHS 250	KC				1	Historical Persp	CC/HP			
1	Belief Systems (w Social Justice)	CC/BS				1	CC	CC			
0.5	KHS 396* (any time/consider cost)										KC
5.5 (15.5)			\			5 (20.5)					
Year 3											
Fall (semester 5)			Winter			Spring			Summer		
Units	Course	Goal	Units	Course	Goal	Units	Course	Goal	Units	Course	Goal
1	KHS 302	KC				1.5	496* (w 497)				
1	KHS 405	KC				1	497* (w 496)				
1	KHS 410	KC				1	Elective/Minor	EL			
1	KHS 400	KC				1	Elective/Minor	EL			
1	CC	CC									
5 (25.5)						4.5 (30)					

All courses require an overload which will assume 0.5-1.0 units of cost. Choice to take courses over winter/summer sessions will incur additional cost.

For graduate school prerequisite courses only offered during fall/spring semesters, consider swapping with CC courses. CC then taken in summer/winter sessions

KEY: ** = Offered both semesters/all other courses offered only in the semester (fall or spring) as listed

Blue – KHS Curriculum (KC) –	18 units	Minors – 5 total courses: Suggested Minors: Public Health, Business (Human Resource Management, Business & Society, Finance or Accounting), Communication Studies, Interactive Multimedia, & more
Green – FY/College Core (CC) –	7 units	
Black– Electives/Minor (EL) –	<u>5 units</u>	
Total	30	